



## Jorge Eduardo De Jesus Esteves

**Nationality:** Portuguese ☎ (+351) 914585686 **Date of birth:** 02/05/1966

✉ **Email address:** [osteojorge@gmail.com](mailto:osteojorge@gmail.com) 🌐 **Website:** [www.osteojorge.com](http://www.osteojorge.com)

🐦 **Twitter:** [https://twitter.com/JEsteves\\_osteo](https://twitter.com/JEsteves_osteo)

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📍 **Address:** St Blubay – 48 Ponsonby Street, GZR 1071 Gzira (Malta)

### ABOUT ME

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Experienced academic with national and internationally recognised knowledge of osteopathic and healthcare education, research and development, quality assurance practices and statutory regulatory processes and requirements. Recognised ability to lead the development of osteopathy at local, national and international levels. Adaptive leadership style to suit the specific needs of disparate groups of academics, lay people and clinicians in academic, regulatory and professional practice settings. Experienced clinician with a well-developed competence profile; and an ability to critically appreciate the value of evidence-based practice and to operate within multidisciplinary settings.

### EDUCATION AND TRAINING

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#### PhD

**Oxford Brookes University** [ 2004 – 2011 ]

**Address:** Oxford (United Kingdom)

**Field(s) of study:** Health and welfare

**Level in EQF:** EQF level 8

**Thesis:** Diagnostic Palpation in Osteopathic Medicine: A Putative Neurocognitive Model of Expertise

#### Masters of Arts - Education

**Oxford Brookes University** [ 2002 – 2004 ]

**Address:** Oxford (United Kingdom)

**Field(s) of study:** Education

**Final grade :** Distinction – **Level in EQF:** EQF level 7

**Type of credits:** UK CATS – **Number of credits:** 180

**Thesis:** Clinical Reasoning in Osteopathy: A Comparative Study of Experienced and Advanced Beginner Practiti

#### Postgraduate Diploma in Learning and Teaching in Higher Education

**Oxford Brookes University** [ 2000 – 2003 ]

**Address:** Oxford (United Kingdom)

**Field(s) of study:** Education : *Teacher training with subject specialisation*

**Final grade :** Pass – **Level in EQF:** EQF level 7

#### Postgraduate Certificate in Teaching in Higher Education

**Oxford Brookes University** [ 1999 – 2001 ]

**Address:** Oxford (United Kingdom)

**Field(s) of study:** Education : *Teacher training with subject specialisation*

**Level in EQF:** EQF level 7

## **Bachelor of Science in Osteopathy**

**Oxford Brookes University** [ 1995 – 1999 ]

Field(s) of study: Health and welfare : *Therapy and rehabilitation*

Final grade : Pass – Level in EQF: EQF level 6

## **Diploma in Osteopathy**

**Oxford Brookes University** [ 1989 – 1993 ]

Address: Oxford (United Kingdom)

Field(s) of study: Health and welfare : *Therapy and rehabilitation*

Final grade : Pass – Level in EQF: EQF level 5

## **HONOURS AND AWARDS**

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### **Honorary Professor**

University College of Osteopathy [ 2017 ]

### **Honorary Member**

French Register of Osteopaths [ 2017 ]

### **Outstanding People Award**

University College of Osteopathy [ 2011 ]

### **International Conference on Advances in Osteopathic Research Experienced Researcher Award**

Elsevier [ 2010 ]

### **National Teaching Fellowship Scheme (NTFS): nominated in the category 'Rising Stars'**

[ 2004 ]

### **Teaching Fellowship**

Oxford Brookes University [ 2004 ]

## **WORK EXPERIENCE**

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### **Professor, Vice President (Education and Research)**

**Malta International College of Osteopathic Medicine** [ 31/12/2020 – Current ]

- <https://icomosteopatia.com/en/>

City: Gzira

Country: Malta

Email address: [jorge.esteves@icomedicine.com](mailto:jorge.esteves@icomedicine.com)

- Business or sector: Education

Leading the college on all academic, quality and research matters, ensuring excellent performance in all areas of activity; leading on curriculum development, implementation and evaluation; leading on the development of research and scholarship; contribution to teaching and research.

### **Honorary Professor**

**University College of Osteopathy** [ 31/08/2017 – Current ]

- [www.uco.ac.uk](http://www.uco.ac.uk)

City: London

Country: United Kingdom

- Business or sector: Education

### **Visiting Professor**

**Metropolia University** [ 01/04/2022 – Current ]

City: Helsinki

Country: Finland

- Teaching pain science on the Masters in Healthcare (Osteopathy)
- Dissertation supervisor on the Masters in Healthcare (Osteopathy)

### **Visiting Professor**

**Instituto Brasileiro de Osteopatia** [ 2015 – Current ]

City: Porto Alegre

Country: Brazil

### **Vice-President, Member of the Board of Trustees, Principal Researcher**

**Centre for Osteopathic Medicine (COME) Collaboration** [ 31/08/2015 – Current ]

- [www.comecollaboration.org](http://www.comecollaboration.org)

City: Pescara

Country: Italy

Email address: [jesteves@comecollaboration.org](mailto:jesteves@comecollaboration.org)

- Business or sector: Professional, scientific and technical activities

Principal Researcher – Clinical and Research Divisions

### **Member of Osteopathy Subcommittee**

**Malta Council for Professions Complementary to Medicine** [ 01/10/2021 – Current ]

City: Pieta

Country: Malta

### **Associate Editor**

**Elsevier, International Journal of Osteopathic Medicine** [ 2012 – Current ]

- [www.journalofosteopathicmedicine.com](http://www.journalofosteopathicmedicine.com)

City: Oxford

Country: United Kingdom

- Business or sector: Professional, scientific and technical activities

Member of the Editorial Board and Section Editor (Education) of International Journal of Osteopathic Medicine. Management of education-related submissions. Journal development

### **Visiting Professor**

**Universidad Camilo José Cela** [ 2017 – 2021 ]

- <https://www.ucjc.edu/>

City: Madrid

Country: Spain

- Business or sector: Education

Professor in osteopathy and pain science

## **Associate Professor**

***Instituto Piaget, School of Healthcare of Silves*** [ 2020 – 2021 ]

City: Silves

Country: Portugal

Professor of osteopathy

## **Academic Director**

***MYO Academy of Osteopathy*** [ 14/12/2018 – 30/11/2020 ]

- [www.myo.center](http://www.myo.center)

City: Riyadh

Country: Saudi Arabia

- **Business or sector:** Human health and social work activities

Leading on the development, planning, accreditation and implementation and evaluation of pre- and post-qualifying education in osteopathy

## **Osteopath**

***MYO Osteopathy*** [ 14/12/2018 – 30/11/2020 ]

- [www.myo.center](http://www.myo.center)

City: Riyadh

Country: Saudi Arabia

- **Business or sector:** Human health and social work activities

## **International Medical Consultant**

***MYO Osteopathy*** [ 31/03/2016 – 30/11/2020 ]

- [www.myo.center](http://www.myo.center)

City: Riyadh

Country: Saudi Arabia

- **Business or sector:** Human health and social work activities

- Sourcing and Recruitment
- Clinical Leadership, Clinical Governance, Quality and Patient Safety
- To provide effective clinical leadership and to ensure regular, productive and open communication with staff
- To develop and ensure that Clinical Governance, Quality and Patient Safety procedures are in place
- Leadership for transformational change
- Partnership and cross-boundary working
- Research Governance
- Education and training

## **Osteopathy Subject Reviewer**

***Kristiania University College*** [ 2017 – 2019 ]

- <https://www.kristiania.no/en/>

City: Oslo

Country: Norway

- **Business or sector:** Education

Independent evaluator of Bachelor's and Continuing Education Programmes in Osteopathy at the Kristiania University College, Norway

### **Osteopathy Subject Reviewer**

*Quebec Association of Universities (Bureau de Coopération Interuniversitaire)* [ 2016 – 2019 ]

City: Montreal

Country: Canada

- **Business or sector:** Professional, scientific and technical activities

Independent evaluator of Master's Programme in Osteopathy at the University of Sherbrooke, Canada

### **Osteopathy Subject Reviewer**

*Malta National Commission for Further and Higher Education* [ 2015 – 2019 ]

City: Valleta

Country: Malta

- **Business or sector:** Professional, scientific and technical activities

Independent evaluator of home-grown qualifications in the field of osteopathy which are being accredited against the Malta Qualifications Framework

### **Member of the Scientific Advisory Board**

*Ecole Supérieure d'Ostéopathie* [ 2013 – 2019 ]

City: Paris

Country: France

### **Member of the Scientific Advisory Board – Osteopathic Research Institute**

*Osteopathie Schule Deutschland* [ 2013 – 2019 ]

City: Hamburg

Country: Germany

- **Business or sector:** Education

### **Associate Professor, Director for Osteopathic Education and Research**

*Instituto Piaget* [ 31/07/2015 – 29/03/2019 ]

- <https://ipiaget.org/>

City: Vila Nova de Gaia

Country: Portugal

**Name of unit or department:** School of Healthcare - **Business or sector:** Education

- Leading on the development, planning, accreditation and implementation and evaluation of the osteopathy pre-registration provision
- Coordination of the degree programme
- Associate professor in osteopathy, pain science, decision making, ethics and patient safety
- Head of the research unit in osteopathy

### **Consultant – Academic Director**

*Instituto de Técnicas de Saúde* [ 2013 – 2016 ]

City: Lisbon

Country: Portugal

- **Business or sector:** Education

Advising the school on the development and implementation of the osteopathy pre-registration and postgraduate provisions.

## Visiting Professor

*Escola Superior de Tecnologia de Saúde de Lisboa* [ 2013 – 2016 ]

City: Lisbon

Country: Portugal

- Business or sector: Education

Professor in osteopathy and research

## Non-Executive Council Member (Registrant)

*General Osteopathic Council* [ 2011 – 30/12/2016 ]

- [www.osteopathy.org.uk](http://www.osteopathy.org.uk)

City: London

Country: United Kingdom

- Business or sector: Professional, scientific and technical activities

- Member of Council and the Education and Standards Committee (2012-2016)
- Member of the Audit Committee (2016- current)
- The Council focuses on strategic development and major policy issues. The committees concentrate on implementing these policies.
- The General Osteopathic Council ensures that the interests of patients and the wider public are at the forefront of the regulation of osteopathy.

## Osteopathy Subject Reviewer

*QAA – Quality Assurance Agency for Higher Education* [ 2004 – 2016 ]

- [www.qaa.ac.uk](http://www.qaa.ac.uk)

City: London

Country: United Kingdom

- Business or sector: Education

Participation in the work undertaken by the QAA on behalf of the General Osteopathic Council to monitor the standards of osteopathic education in the UK.

## Head of Research

*University College of Osteopathy* [ 2012 – 30/10/2016 ]

- [www.uco.ac.uk](http://www.uco.ac.uk)

City: London

Country: United Kingdom

- Business or sector: Education

- Leading the development, implementation and management of UCO's research and development and scholarship strategy.
- Playing a key role in improving research education provision at the university and in the development of research capacity.
- Research active member of staff focused on investigating the role of diagnostic palpation in clinical decision making; and the links between emotional processing, chronic pain, body awareness and the role of touch in osteopathic treatment and patient care.
- Associate professor in neuroscience and neurology
- Research supervision and teaching at masters and doctoral levels, incorporating Director of Studies, 2nd Supervisor and Training Roles.
- Member of the Research Degrees Committee at the University of Bedfordshire

## Visiting Researcher

*Oxford Brookes University, Faculty of Health and Life Sciences* [ 2013 – 2015 ]

**City:** Oxford

**Country:** United Kingdom

- **Business or sector:** Professional, scientific and technical activities

Visiting Researcher - Movement Science Group based in the Faculty of Health and Life Sciences

### **Osteopathy Subject Reviewer**

**NVAO – Higher Education Accreditation Organisation of the Netherlands and Flanders** [ 2010 – 2014 ]

**City:** Hague

**Country:** Netherlands

- **Business or sector:** Professional, scientific and technical activities

Participation in the work undertaken by NVAO to accredit degrees in osteopathy in the Netherlands and Flanders.

### **Consultant**

**Sri Sri University** [ 2011 – 2013 ]

**City:** Cuttack Odisha

**Country:** India

- **Business or sector:** Education

- Responsible for the development of the university osteopathy pre-registration curriculum.
- Advising the university on the development and implementation of the osteopathy pre-registration provision and research and development in osteopathy

### **Head of Postgraduate Studies and Research Education**

**British School of Osteopathy** [ 31/01/2010 – 2013 ]

- [www.uco.ac.uk](http://www.uco.ac.uk)

**City:** London

**Country:** United Kingdom

- **Business or sector:** Education

- Instrumental in leading the development of the university postgraduate and new pre-registration provision.
- Played a key role in ensuring that the development of the postgraduate provision was informed by current developments in statutory regulatory, i.e. revalidation, and the need for an enhanced competence profile as articulated in the Osteopathic Practice Standards and the Osteopathy Benchmark statement.
- Instrumental in informing Senior Management strategy concerning the provision of future full-time and part-time pre-registration courses, and in informing strategic direction regarding overseas collaborations.

### **Programme Leader for Osteopathy**

**Oxford Brookes University** [ 2008 – 2010 ]

- [www.brookes.ac.uk](http://www.brookes.ac.uk)

**City:** Oxford

**Country:** United Kingdom

**Name of unit or department:** School of Health and Social Care - **Business or sector:** Education

- Managed the university pre-registration osteopathy provision.
- Participated in a range of interprofessional activities across the school and university.
- Liaised with a range of external stakeholders both in the UK and overseas.
- Led a team of academics, researchers and clinicians.

## Research Leader for Osteopathy

**Oxford Brookes University** [ 2007 – 2010 ]

- [www.brookes.ac.uk](http://www.brookes.ac.uk)

City: Oxford

Country: United Kingdom

Name of unit or department: School of Health and Social Care - **Business or sector:** Education

- Planned, implemented and evaluated osteopathic research-related activities at the university.
- Member of the National Council for Osteopathic Research in representation of Oxford Brookes University.
- Research active member of staff; member of the research committee and ethics committee.
- Supervised undergraduate and postgraduate research work.

## Visiting Lecturer in Osteopathy

**Oxford Medical School, University of Oxford** [ 2002 – 2010 ]

City: Oxford

Country: United Kingdom

- **Business or sector:** Education

## Senior Lecturer in Osteopathy

**Oxford Brookes University** [ 2001 – 2010 ]

- [www.brookes.ac.uk](http://www.brookes.ac.uk)

City: Oxford

Country: United Kingdom

Name of unit or department: School of Health and Social Care - **Business or sector:** Education

- Participated in a variety of teaching, research, curriculum development and external stakeholder activities.
- Recognised excellence in teaching, learning and assessment practices.
- Instrumental in the development, planning, implementation and evaluation of the osteopathy pre-registration provision.
- Led the team responsible for the development of the first Master of Osteopathy (M.Ost) programme in the UK, working at all appropriate levels within the university to ensure successful planning and implementation of the project.

## Clinical Education Coordinator, Osteopathy

**Oxford Brookes University** [ 2001 – 2004 ]

- [www.brookes.ac.uk](http://www.brookes.ac.uk)

City: Oxford Brookes University

Country: United Kingdom

Name of unit or department: School of Health and Social Care - **Business or sector:** Education

- Led the team responsible for the development of the university osteopathy teaching clinic including the appointment of staff.
- Planned, implemented and evaluated the clinical education provision including its underpinning pedagogic framework.
- Led a team of clinical educators.

## Lecturer in Osteopathy

**Oxford Brookes University** [ 1998 – 2002 ]

- [www.brookes.ac.uk](http://www.brookes.ac.uk)

City: Oxford

Country: United Kingdom

Name of unit or department: School of Biological and Molecular Sciences - **Business or sector:** Education



Participated in a variety of teaching, learning and assessment, curriculum development and external stakeholder activities.

### **Lecturer in Osteopathy**

***Oxford School of Osteopathy*** [ 1993 – 1999 ]

City: Lisbon

Country: Portugal

- **Business or sector:** Education

Participated in a variety of teaching, learning and assessment, curriculum development and external stakeholder activities.

### **Lecturer in Osteopathy**

***Escola Superior de Ciências Naturais e Homeopáticas***

City: Lisbon

Country: Portugal

- **Business or sector:** Education

Participated in a variety of teaching, learning and assessment, curriculum development and external stakeholder activities.

## **CLINICAL EXPERIENCE - CLINICAL APPOINTMENTS**

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### **Osteopath, Osteopathy Malta, Malta**

[ 31/10/2021 – Current ]

### **Consultant Osteopath - MYO Osteopathy**

[ 14/12/2018 – 30/11/2020 ]

### **Osteopath, Medical Director, Osteopathic Health Centre, Dubai, UAE**

[ 30/11/2016 – 30/10/2018 ]

### **Osteopath, Nina Manston & Associates, Oxford, UK**

[ 2003 – 2016 ]

### **Osteopath, Body Matters Clinic, London, UK**

[ 2014 – 2016 ]

### **Osteopath, The Wallingford Therapy Clinic, Wallingford, UK**

[ 2004 – 2014 ]

### **Osteopath, Oxford Brookes University, School of Health and Social Care, Oxford, UK**

[ 1998 – 2005 ]

### **Osteopath, Centro Clinico Desportivo, Setubal, Portugal**

[ 1992 – 1999 ]

### **Team Osteopath, Portuguese Athletic Federation, Lisbon, Portugal**

[ 1996 – 1999 ]

## RELATED ACADEMIC EXPERIENCE

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**Frontiers in Psychology Co-Editor Special Research Topic “Enactivism and Active Inference in the Therapeutic Alliance”**

[ 30/11/2020 – Current ]

**Reviewer, Manual Therapy, Elsevier**

[ 2006 – Current ]

**Reviewer, International Journal of Osteopathic Medicine, Elsevier**

[ 2006 – Current ]

**Reviewer, European Journal of Integrative Medicine, Elsevier**

[ 2011 – Current ]

**Reviewer, Chiropractic & Manual Therapies, BioMed Central**

[ 2011 – Current ]

**Reviewer, Advances in Health Sciences Education, Springer**

[ 2012 – Current ]

**Reviewer, International Journal of Educational Policy Research and Review**

[ 2013 – Current ]

**Reviewer, BMC Medical Education, BioMed Central**

[ 2013 – Current ]

**Reviewer, PLOS, ONE**

[ 2013 – Current ]

**Reviewer, Scandinavian Journal of Medicine and Science in Sports**

[ 2013 – Current ]

**Reviewer, Journal of Neurological Sciences, Elsevier**

[ 2015 – Current ]

**Commission for Osteopathic Research, Practice and Promotion, Belgium Member of External Board of Scientific Counsellors**

[ 2011 – 2012 ]

**Middlesex University, London, UK External Examiner, Osteopathy**

[ 2006 – 2012 ]

**International Journal of Osteopathic Medicine, Elsevier, Oxford, UK Member of the International Editorial Board**

[ 2007 – 2013 ]

**Institute D’Osteopathie Dauphine, Paris, France External Examiner, Osteopathy**

[ 2010 – 2015 ]

**Ecole Supérieure d’Ostéopathie, Paris, France External Examiner, Osteopathy**

[ 2012 – 2016 ]

**Istituto Superiore di Osteopatia, Milan, Italy External Examiner, Osteopathy**

[ 2013 – 2016 ]

**Escuela de Osteopatia de Argentina, Buenos Aires, Argentina External Examiner, Osteopathy**

[ 2015 – 2017 ]

**Buckinghamshire New University, Uxbridge, UK External reviewer for Istituto Superiore di Osteopatia (ISO), Milan, osteopathy programme**

[ 2012 – 2014 ]

**General Osteopathic Council, London, UK Examiner of clinical competence: overseas applicants**

[ 2002 – 2013 ]

**Higher Education Academy – Health Sciences and Practice, Kings College, London, UK Subject Adviser for Osteopathy**

[ 2000 – 2011 ]

**National Council for Osteopathic Research, London, UK Member: representative of Oxford Brookes University**

[ 2002 – 2013 ]

**Brookes E-Journal of Learning and Teaching, Oxford, UK Member of the Editorial Advisory Board**

[ 2003 – 2010 ]

**Oxford Brookes University, UK Member of Principal Lecturers in Learning and Teaching Committee**

[ 2003 – 2014 ]

## **PUBLISHED BOOKS AND THESES**

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**Esteves JE de J (2011). Diagnostic Palpation in Osteopathic Medicine: A Putative Neurocognitive Model of Expertise. Oxford Brookes University. Oxford, UK.**

## **PUBLICATIONS**

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**van Dun PLS, Verbeeck J, Arcuri L, Esteves JE, Cerritelli F (2022). The Profile of Belgian Osteopaths: A Cross-Sectional Survey Healthcare 10, no. 11: 2136.**

[2021]

<https://doi.org/10.3390/healthcare10112136>

**Duquette P, Cerritelli F, Esteves JE (2022). Editorial: Enactivism and active inference in the therapeutic alliance. Front. Psychol. 13:1042698.**

[2022]

<https://www.frontiersin.org/articles/10.3389/fpsyg.2022.1042698/full>

**Arcuri L, Consorti G, Tramontano M., Petraca M, Esteves JE, Lunghi C (2022). "What you feel under your hands": exploring professionals' perspective of somatic dysfunction in osteopathic clinical practice—a qualitative study. *Chiropr Man Therap*30, 32 (2022).**

[2022]

<https://doi.org/10.1186/s12998-022-00444-2>

**McParlin Z, Cerritelli F, Rossettini G, Friston KJ and Esteves JE (2022) Therapeutic Alliance as Active Inference: The Role of Therapeutic Touch and Biobehavioural Synchrony in Musculoskeletal Care. *Front. Behav. Neurosci.*, 30 June 2022 |**

[2022]

<https://www.frontiersin.org/articles/10.3389/fnbeh.2022.897247/full>

**Cerritelli F, Esteves JE (2022). An Enactive–Ecological Model to Guide Patient-Centered Osteopathic Care. *Healthcare*. 2022; 10(6):1092.**

[2022]

<https://doi.org/10.3390/healthcare10061092>

**Ménard M, Couvertier M, Awai L, Esteves JE, Bideau B, Vaucher P (in press). Exploring lumbo-pelvic functional behaviour patterns during osteopathic motion tests: A biomechanical (en)active inference approach to movement analysis. *International Journal of Osteopathic Medicine* (2022).**

[2022]

<https://doi.org/10.1016/j.ijosm.2022.05.001>

**Dinis M, Silva C, Cruz R, Esteves J, Nunes A (in press).The Portuguese osteopaths attitudes towards a biomechanical or biopsychosocial model in the approach of chronic low back pain – A cross-sectional questionnaire-based survey. *International Journal of Osteopathic Medicine* (2022).**

[2022]

<https://doi.org/10.1016/j.ijosm.2022.06.001>

**Kim J, Esteves JE, Cerritelli F, Friston KJ (2022). An Active Inference Account of Touch and Verbal Communication in Therapy. *Front. Psychol.* 13:828952.**

[2022]

<https://www.frontiersin.org/article/10.3389/fpsyg.2022.828952>

**Manzotti A, Cerritelli F, Lombardi E, Monzani E, Savioli L, Esteves JE, Galli M, La Rocca S, Biasi P, Chiera M, Lista G. (2022). Osteopathic Manipulative Treatment Regulates Autonomic Markers in Preterm Infants: A Randomized Clinical Trial. *Healthcare*. 2022; 10(5):813.**

[2022]

<https://doi.org/10.3390/healthcare10050813>

**Santiago RJ, Nunes A, Esteves JE, Cerritelli F, Verbeek J, Lopes S, Paquete M, van Dun PLS (in press). The Portuguese Osteopathic Practitioners Estimates and Rates (OPERA): A cross-sectional survey, *International Journal of Osteopathic Medicine* (2022).**

[2022]

<https://doi.org/10.1016/j.ijosm.2022.04.002>

**Baldin I, Esteves JE, Tramontano M, Macdonald M, Baroni F, Lunghi C (2022). A Content Analysis of Osteopaths' Attitudes for a More Inclusive Clinical Practice towards Transgender People. *Healthcare* 2022, 10(3), 562**

[2022]

<https://doi.org/10.3390/healthcare10030562>

**Esteves JE, Cerritelli F, Kim J and Friston KJ (2022). Osteopathic Care as (En)active Inference: A Theoretical Framework for Developing an Integrative Hypothesis in Osteopathy. *Front. Psychol.* 13:812926.**

[2022]

<https://www.frontiersin.org/articles/10.3389/fpsyg.2022.812926/full>

**McParlin Z, Cerritelli F, Friston KJ and Esteves JE (2022) Therapeutic Alliance as Active Inference: The Role of Therapeutic Touch and Synchrony. *Front. Psychol.* 13:783694.**

[2022]

<https://www.frontiersin.org/articles/10.3389/fpsyg.2022.783694/full>

**Mhadhbi H, Thierry-Hildenbrand B, Draper-Rodi J, Esteves JEE, Ménard M (2022). Pain knowledge and fear-avoidance beliefs of French osteopathy students and educators towards chronic low back pain: An osteopathic educational institution-based cross-sectional survey. *International Journal of Osteopathic Medicine* (2021).**

[2022]

<https://doi.org/10.1016/j.ijosm.2021.12.002>

**Santiago RJ, Esteves JEE, Baptista JS, Magalhães A, Costa JT (2022). Results of a feasibility randomised controlled trial of osteopathy on neck-shoulder pain in computer users. *Complementary Therapies in Clinical Practice*, Volume 46, February 2022, 101507**

[2022]

<https://doi.org/10.1016/j.ctcp.2021.101507>

**Bohlen L, Shaw R, Cerritelli F, Esteves JE (2021). Osteopathy and Mental Health: An Embodied, Predictive, and Interoceptive Framework. *Front. Psychol.*, 27 October 2021**

[2021]

<https://doi.org/10.3389/fpsyg.2021.767005>

**Alvarez G, Zegarra-Parodi R, Esteves JE (2021). Person-centered versus body-centered approaches in osteopathic care for chronic pain conditions. *Therapeutic Advances In Musculoskeletal Diseases*, Volume 13, January-December 2021**

[2021]

<https://doi.org/10.1177/1759720X211029417>

**Cerritelli F, Chiera M, Abbro M, Megale V, Esteves J, Gallace A, Manzotti A (2021). The Challenges and Perspectives of the Integration Between Virtual and Augmented Reality and Manual Therapies. *Front. Neurol.*, 30 June 2021**

[2021]

<https://doi.org/10.3389/fneur.2021.700211>

Zegarra-Parodi R, Esteves JE, Lunghi C, Baroni F, Draper-Rodi J, Cerritelli F (2021). The legacy and implications of the body-mind-spirit osteopathic tenet: a discussion paper evaluating its clinical relevance in contemporary osteopathic care. *International Journal of Osteopathic Medicine* (2021). 41, 57-65.

[2021]

<https://doi.org/10.1016/j.ijosm.2021.05.003>

Cerritelli F, Lunghi C, Esteves JE, Vaucher P, van Dun PLS, Biberschick M, Wagner A, Merdy O, Menard M, Clouzeau C, Risch A, Ruffini N, Nunes A, Santiago R, Marett P, Grech R, Thomson OP (2021). Osteopathy: Italian professional profile. A Professional Commentary by the European community of practice. *International Journal of Osteopathic Medicine* (2021), 40: 22-28.

[2021]

<https://doi.org/10.1016/j.ijosm.2021.03.004>

Manzotti A, Chiera M, Galli M, Lombardi E, La Rocca P, Biasi P, Esteves J, Lista G, Cerritelli F (2021). The neonatal assessment manual score (NAME) for improving the clinical management of infants: a perspective validity study. *Italian Journal Pediatrics* 47, 53 (2021).

[2021]

<https://doi.org/10.1186/s13052-021-01012-9>

Cerritelli F, Consorti G, van Dun PLS, Esteves JE, Sciomachen P, Valente M, Lacorte E, Vanacore N (2020). The Italian Osteopathic Practitioners Estimates and Rates (OPERA) study: how osteopaths work. *PLoS ONE* 15(7): e0235539.

[2020]

<https://doi.org/10.1371/journal.pone.0235539>

Manzotti A, Cerritelli F, Chiera M, Lombardi E, Larocca S, Biasi P, Galli M, Esteves JE, Lista G (2020). A rationale for a new suggested manual assessment tool in neonatology: the Neonatal Assessment Manual score (NAME). *Frontiers in Paediatrics*

[2020]

<https://www.frontiersin.org/articles/10.3389/fped.2020.00432/full>

Alvarez G, Roura S, Cerritelli F, Esteves JE, Verbeeck J, et al. (2020) The Spanish Osteopathic Practitioners Estimates and Rates (OPERA) study: A cross-sectional survey. *PLOS ONE* 15(6): e0234713.

[2020]

<https://doi.org/10.1371/journal.pone.0234713>

Santiago RJ, Esteves JE, Baptista JS, Marques AT, Costa JT (2020). Instrumentation used to assess pain in osteopathic interventions: a systematic review. *International Journal of Osteopathic Medicine* (2020), 37: 25-33

[2020]

<https://doi.org/10.1016/j.ijosm.2020.05.007>

Lunghi C, Consorti G, Tramontano M, Esteves JE, Cerritelli F (2020). Perspectives on tissue adaptation related to allostatic load: scoping review and integrative hypothesis with a focus on osteopathic palpation. *Journal of Bodywork and Movement Therapies* (2020) Vol 24 (3): 212-220

[2020]

<https://doi.org/10.1016/j.jbmt.2020.03.006>



**Esteves JE, Zegarra-Parodi R, van Dun P, Cerritelli F, Vaucher P (2020). Models and theoretical frameworks for osteopathic care—a critical view and call for updates and research. International Journal of Osteopathic Medicine (2020), 35: 1-4**

[2020]

<https://doi.org/10.1016/j.ijosm.2020.01.003>

**Manzotti A, Cerritelli F, Esteves JE, Lista GL, Lombardi E, La Rocca S, Gallace A, McGlone FP, Walker S (2019). Dynamic touch reduces physiological arousal in preterm infants: A role for c-tactile afferents? Developmental Cognitive Neuroscience (2019), Vol 39, October 2019, 100703**

[2019]

<https://doi.org/10.1016/j.dcn.2019.100703>

**McIntyre C, Lathlean J, Esteves JE (2019). Reflective practice enhances osteopathic clinical reasoning. International Journal of Osteopathic Medicine (2019) 33-34: 8-15**

[2019]

<https://doi.org/10.1016/j.ijosm.2019.07.002>

**Cerritelli F, van Dun PLS, Esteves JE, Consorti G, Sciomachen P, Lacorte E, et al. (2019) The Italian Osteopathic Practitioners Estimates and Rates (OPERA) study: A cross sectional survey. PLoS ONE 14(1): e0211353.**

[2019]

<https://doi.org/10.1371/journal.pone.0211353>

**Luciani E, Consorti G, van Dun PLS, Merdy O, Lunghi C, Petracca M, Esteves JE, Cerritelli F (2018). An overview of osteopathy graduates' perceived preparedness at transition from educational environment to clinic environment one year after graduation: a cross sectional study. BMC Medical Education 2018 18:319**

[2018]

<https://doi.org/10.1186/s12909-018-1429-2>

**Minarini G, Ford M, Esteves J (2018). Immediate effect of T2, T5, T11 thoracic spine manipulation of asymptomatic patient on autonomic nervous system response: Single-blind, parallel-arm controlled-group experiment. International Journal of Osteopathic Medicine (2018), 27(4): 12-17:**

[2018]

<https://doi.org/10.1016/j.ijosm.2018.10.002>

**Macdonald RJD, Vaucher P, Esteves JE (2018). The beliefs and attitudes of UK registered osteopaths towards chronic pain and the management of chronic pain sufferers - A cross-sectional questionnaire based survey. International Journal of Osteopathic Medicine (2018), 27(4): 3-11:**

[2018]

<https://doi.org/10.1016/j.ijosm.2018.07.003>

**McGlone F, Cerritelli F, Walker S, Esteves J (2018). The role of gentle touch in perinatal osteopathy. Osteopathic Medicine, 19 (3), pp.4-14.**

[2018]

[https://doi.org/10.1016/S1615-9071\(18\)30080-7](https://doi.org/10.1016/S1615-9071(18)30080-7)

**McIntyre C, Lathlean J, Esteves JE (2018). Osteopathic clinical reasoning: An ethnographic study of perceptual diagnostic judgments and metacognition. International Journal of Osteopathic Medicine (2018), 28(3):30-41**

[2018]

<https://doi.org/10.1016/j.ijosm.2018.03.005>

**Formica A, Thomson OP, Esteves JE (2018). "I just don't have the tools" - Italian osteopaths' attitudes and beliefs towards the management of patients with chronic pain: A qualitative study. International Journal of Osteopathic Medicine (2018), 27(2): 6-13.**

[2018]

<http://dx.doi.org/10.1016/j.ijosm.2017.11.001>

**Pires RCCK, Rocha NS, Esteves JE, Rodrigues, M, (2017). Use of pressure dynamometer in the assessment of the pressure pain threshold in trigger points in the craniocervical muscles in women with unilateral migraine and tension-type headache: An observational study. International Journal of Osteopathic Medicine (2017), 26(4):28-35.**

[2017]

<http://dx.doi.org/10.1016/j.ijosm.2017.03.003>

**Noyer A, Esteves JE, Thomson OP (2017). Influence of perceived difficulty of cases on student osteopaths' diagnostic reasoning: a cross sectional study. Chiropractic & Manual Therapies 2017: 25-32.**

[2017]

<https://chiromt.biomedcentral.com/track/pdf/10.1186/s12998-017-0161-z?site=chiromt.biomedcentral.com>

**Simpson PA, Mars T, Esteves JE (2017). A systematic review of randomised controlled trials using Acceptance and commitment therapy as an intervention in the management of non-malignant, chronic pain in adults, International Journal of Osteopathic Medicine (2017), 24(2): 18-31.**

[2017]

<http://dx.doi.org/10.1016/j.ijosm.2017.03.001>

**McGlone F, Cerritelli F, Walker S, Esteves J (2017). The role of gentle touch in perinatal osteopathic manual therapy. Neuroscience & Biobehavioral Reviews, 72: 1-9.**

[2017]

<http://dx.doi.org/10.1016/j.neubiorev.2016.11.009>

**Hohenschurz-Schmidt D, Esteves JE, Thomson OP, (2016). Tensegrity and manual therapy practice: A qualitative study. International Journal of Osteopathic Medicine, 21(1): 5-18.**

[2017]

<http://dx.doi.org/10.1016/j.ijosm.2016.02.001>

**Esteves JE (2016). Chronic Back Pain and Emotional Processing. Bone Joint J 98-B, no. SUPP 6.**

[2016]

**Esteves JE (2015). Embodied clinical decision making in osteopathic manipulative medicine. American Academy of Osteopathy Journal 25 (2), 13-6.**

[2015]

**Luciani E, van Dun PLS, Esteves JE, Lunghi C, Petracca M, Papa L, Merdy O, Jäkel A, Cerritelli F (2015). Learning Environment, Preparedness and Satisfaction in Osteopathy in Europe: The PreSS Study. PLoS ONE 10(6): e0129904**

[2015]

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0129904>

**Ribera d'Alcala C, Webster DG, Esteves JE (2015). Interoception, body awareness and chronic pain: results from a case-control study. International Journal of Osteopathic Medicine 18(1): 22-32.**

[2015]

<https://doi.org/10.1016/j.ijosm.2014.08.003>

**Spadaccini, J, Esteves JE (2014). Intuition, analysis and reflection: An experimental study into the decision-making processes and thinking dispositions of osteopathy students. International Journal of Osteopathic Medicine 17(4): 263-271.**

[2014]

<https://doi.org/10.1016/j.ijosm.2014.04.004>

**Esteves JE, Spence C (2014). Diagnostic palpation and decision making: A neurocognitive model of expertise. Russian Osteopathic Journal 1-2 (24-25): 92-109.**

[2014]

**Abbey A, Esteves JE, Vogel S, Tyreman S (2014). Assessing criticality in student research: preliminary results from a new educational activity. International Journal of Osteopathic Medicine 17(1): 12-21.**

[2014]

<https://doi.org/10.1016/j.ijosm.2013.06.004>

**Esteves JE, Spence C (2014). Developing competence in diagnostic palpation: Perspectives from neuroscience and education. International Journal of Osteopathic Medicine 17(1): 52-60.**

[2014]

<https://doi.org/10.1016/j.ijosm.2013.07.001>

**Esteves JE, Bennison M, Thomson OP (2013). Script Concordance Test: Insights from the literature and early stages of its implementation in osteopathy. International Journal of Osteopathic Medicine 16(4): 231-239.**

[2013]

<https://doi.org/10.1016/j.ijosm.2013.05.001>

**Esteves JE, Wheatley L, Mayall C, Abbey H (2013). Emotional processing and its relationship to chronic low back pain: results from a case-control study. Manual Therapy 18 (6): 541-546.**

[2013]

<https://doi.org/10.1016/j.math.2013.05.008>

**Esteves JE, Geake J and Spence C (2008). Multisensory integration in an osteopathic clinical examination setting. International Journal of Osteopathic Medicine 11(4): 159-159.**

[2008]

<https://doi.org/10.1016/j.ijosm.2008.08.016>

## **NON-PEER REVIEWED PUBLICATIONS**

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**van Dun PLS, Verbeeck J, Esteves JE, Cerritelli F (2019). Osteopathic Practitioners Estimates and RAtes (OPERA) Study Belgium – Luxembourg: Part II [Dutch/French]. About Osteopathy, 2019:2**

<https://www.opera-project.org/wp-content/uploads/2019/12/v>

**van Dun PLS, Verbeeck J, Esteves JE, Cerritelli F (2019). Osteopathic Practitioners Estimates and RAtes (OPERA) Study Belgium – Luxembourg: Part I [Dutch/French]. About Osteopathy, 2019:1**

<https://www.opera-project.org/wp-content/uploads/2019/12/Ab>

**Esteves JE, Thomson OP, Esteves NK (2016). Psychological readiness to return to competition after injury in fencing. The Sword, British Fencing. London, UK.**

**Perez Garrote R, Esteves JE (2015). Acute effects of dehydration on fatigue and performance in fencers. The Sword, British Fencing. London, UK.**

**Esteves JE, Vignaux JJ, Beckman E, Hennebicq JF (2015). Laterality and postural asymmetries in fencing. The Sword, British Fencing. London, UK.**

## **CONFERENCES - INVITED PRESENTATIONS**

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**Esteves JE (2021). Adaptation, the person and their environment: from AT Still to an ecological-enactive approach to osteopathic care**

[ 18/11/2021 – 19/11/2021 ]

Keynote presentation. OSD Online Congress Osteopathy meets Psychology.

**Esteves JE (2021). Osteopathic care of patients with persistent physical symptoms: an enactive-ecological framework**

[ 12/11/2021 ]

Keynote presentation. Norwegian Osteopathic Association. Oslo, Norway.

**Esteves JE (2021). Effectiveness and mechanisms of action of osteopathic treatment and affective touch in pre-term infants.**

Presentation at International Congress Osteopathy Open 2021 “Modern tendencies in health restoration and maintenance. Evidence-based osteopathy: an objective assessment of the subjective approach”, 11-13 June 2021, St Petersburg, Russia.

**Esteves JE (2020). Enactive Osteopathy: a Predictive Processing framework to managing patients with persistent physical symptoms.**

Keynote Presentation to University College of Osteopathy, London, UK.

**Esteves JE (2019). Allostatic regulation and symptom management within a biopsychosocial-predictive processing framework.**

Keynote Presentation at COME to Quantum Global - Allostasis the essence of clinical practice. 18-19th October 2019, Catania, Italy.

**Esteves JE (2019). Predictive processing and allostatic regulation in clinical practice.**

Keynote Presentation at COME to Quantum Global - Allostasis the essence of clinical practice. 18-19th October 2019, Catania, Italy.

**Thomson OP, Esteves JE, Ramadan H, Abdal N (2018). Integrating the biopsychosocial model into contemporary manual therapy practice.**

Workshop at the 2nd Emirates Osteopathic Conference, 28th-29th September 2018, Dubai, UAE.

**Esteves JE (2018). Affective touch induces cardiovascular changes in preterm infants.**

Keynote Presentation at the 2nd Emirates Osteopathic Conference, 28th-29th September 2018, Dubai, UAE.

**Esteves JE (2018). Somatic dysfunction, interoception and allostatic load: a biopsychosocial informed osteopathic approach.**

Workshop at the International Osteopathic Symposium– From Research to Clinical Practice in Osteopathy: An Integrated View, 1st-3rd June 2018, Madrid, Spain.

**Esteves JE (2018). Chronic musculoskeletal pain, uncertainty and allostatic load through an osteopathic lens.**

Keynote Presentation at the International Osteopathic Symposium – From Research to Clinical Practice in Osteopathy: An Integrated View, 1st-3rd June 2018, Madrid, Spain.

**Esteves JE (2018). Chronic pain, maladaptation and osteopathic care.**

Keynote Presentation at the First Piaget Osteopathic Conference – Osteopathic Approach in Chronic Pain 26th May 2018, Silves, Portugal.

**Esteves JE (2017). Osteopathic care of long-term sufferers: from pain management to restoration of capacity and agency.**

Workshop at International & Interdisciplinary Symposium of Osteopathy 2017, Osteopathic Philosophy and Models: from Theory to Practice, 17th- 19th November 2017, Berlin, Germany.

**Esteves JE (2017). Embodied clinical decision making in osteopathy: the hand as a crucial instrument of the mind.**

Workshop at International & Interdisciplinary Symposium of Osteopathy 2017, Osteopathic Philosophy and Models: from Theory to Practice, 17th- 19th November 2017, Berlin, Germany.

**Esteves JE (2017). Principles guiding osteopathic thought and practice: Osteopathic clinical Reasoning.**

Keynote Presentation at International & Interdisciplinary Symposium of Osteopathy 2017, Osteopathic Philosophy and Models: from Theory to Practice, 17th- 19th November 2017, Berlin, Germany.

**Esteves JE (2017). Physiological and psychological effects of touch in osteopathic care.**

Keynote Presentation at COME Quantum Conference 2017, 30th September- 1st October 2017, Barcelona, Spain.

**Esteves JE (2017). Role of Touch in Osteopathic Care.**

Keynote Presentation at French Register of Osteopaths Conference, 11th March, Lyon, France.

**Esteves JE, Al Aqeel N (2017). Osteopathic Care of Older Adults: Promoting Health and Wellbeing**

Keynote Presentation at Emirates Osteopathic Conference, 17-18th February 2017, Dubai, UAE.

**Esteves JE (2017). Role of Touch in Perinatal Osteopathic Care.**

Keynote Presentation at Emirates Osteopathic Conference, 17-18th February 2017, Dubai, UAE.

**Esteves JE (2016). Chronic Pain, Emotional Processing and Osteopathy.**

Keynote Presentation at COME Quantum Conference 2016, 8th October 2016. Mechelen, Belgium.

**Esteves JE (2016). Osteopathic Evaluation and Treatment in Headache Sufferers.**

Keynote Presentation at 2nd Asia Pacific Conference of Osteopathic Medicine, 1st-3rd October 2016. Jangheung, South Korea.

**Esteves JE (2016). Integrated Osteopathic Care of Chronic Pain Sufferers.**

Keynote Presentation at 2nd Asia Pacific Conference of Osteopathic Medicine, 1st-3rd October 2016. Jangheung, South Korea.

**Esteves JE (2016). Medical education and osteopathy: the state of the art in Europe.**

Keynote Presentation at Italian Register of Osteopaths Conference, 26-27th May 2016. Milan, Italy.

**Esteves JE (2016). Touch in Osteopathic Evaluation and Treatment.**

Keynote Presentation at MindBody|BodyMind Conference, 24th April 2016. Vienna, Austria.

**Esteves JE (2016). Emotional Processing and Regulation in Chronic Pain Sufferers.**

Keynote Presentation at MindBody|BodyMind Conference, 24th April 2016. Vienna, Austria.

**Esteves JE (2015). Embodied clinical decision-making, palpation and touch in osteopathy.**

Keynote Presentation at National Osteopathic Archive History Society Symposium on Touch and Palpation in Osteopathy, 26th September. London, UK.

**Esteves JE (2015). Emotional processing and regulation in chronic pain sufferers: An osteopathic perspective.**

Keynote Presentation at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 30th May. Lisbon, Portugal.

**Esteves JE (2015). Pain - neuroscience, patient evaluation, treatment and education.**

Workshop at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 29th May. Lisbon, Portugal.

**Esteves JE (2014). Promoting safety and effectiveness in osteopathic care through clinical decision making: insights from educational and cognitive science.**

Keynote Presentation at OSEAN Open Forum: Innovation in Osteopathic Education, 31th May-1st June 2014. Barcelona, Spain.

**Esteves JE (2014). Evidence informed osteopathic care: challenges and opportunities.**

Keynote Presentation at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 10th May. Lisbon, Portugal.

**Esteves JE (2013). Palpō ergo sum – “I palpate, therefore I am”: On an embodied model of decision making.**

Keynote Presentation at International Congress of Osteopathy: Structure & Function – Principles, Models and Evidence, 15th-17th November 2013, Milan, Italy.

**Esteves JE (2013). Developing palpatory competence through guided reflection.**

Workshop at 16th International VOD Congress: Find the Health – Perception, Palpation, Diagnosis, 4th-6th October 2013, Bamberg, Germany.

**Esteves JE (2013). Palpation in osteopathy: towards an embodied model of clinical decision making.**

Keynote Presentation at 16th International VOD Congress: Find the Health – Perception, Palpation, Diagnosis, 4th-6th October 2013, Bamberg, Germany.

**Esteves JE (2013). Touch as an epigenetic stimulus for the central nervous system.**

Keynote Presentation at International Conference of Osteopathic Medicine, 27th – 29th September 2013, Pescara, Italy.

**Esteves JE (2013). Perception of self and chronic pain: Implications for osteopathic diagnosis and treatment.**

Keynote Presentation at Osteopathy Open 2013: The Role of Structural and Functional Disorders in the Formation of Disease, 14th- 16th June, 2013, Saint Petersburg State University, St. Petersburg, Russia.

**Esteves JE (2013). Chronic pain and perception of self: complementary diagnostic and treatment approaches in osteopathic practice.**

Workshop at Osteopathy Open 2013: The Role of Structural and Functional Disorders in the Formation of Disease, 14th- 16th June, 2013, Saint Petersburg State University, St. Petersburg, Russia.

**Esteves JE (2013). Emotional processing and its relationship to chronic low back pain: results from a case-control study.**

Presentation at 1st Research Symposium: Manual Therapy and Musculoskeletal Medicine at British School of Osteopathy, 22nd May 2013, London, UK.

**Esteves JE (2013). Diagnostic palpation and decision making in osteopathy.**

Platform presentation at 3as Jornadas Lusofonas Osteopatia e Saude, 4th May 2013, Lisbon, Portugal.

**Esteves JE, Thomson OP (2013). Clinical Reasoning: Biomedical knowledge, osteopathic concepts, intuition and rationality in osteopathic clinical decision making.**

Workshop at International Osteopathic Education Conference 2013: Preparing Tomorrow's Osteopaths – Designing and Implementing and Osteopathic Curriculum, London, UK.

**Esteves JE, Abbey, H (2012). Critical thinking in osteopathy: promoting capacity development in research and scholarship.**

Workshop at 9th International Osteopathic Symposium in Nantes, 16th November 2012. Nantes, France.

**Esteves JE, Abbey, H (2012). Critical thinking in osteopathy: promoting capacity development in research and scholarship.**

Workshop at 9th International Osteopathic Symposium in Nantes, 16th November 2012. Nantes, France.

**Esteves JE (2012). Palpation in osteopathy: expertise, multisensory perception and interoceptive awareness.**

Keynote Presentation at 9th International Osteopathic Symposium in Nantes, 16th November 2012. Nantes, France.

**Esteves JE (2012). Diagnostic palpation in osteopathy: expertise, intuition and decision making.**

Invited presentation at Manchester Metropolitan University One-day Philosophy Workshops on Evidence, Values and Practice, 6th November 2012. Crewe, UK.

**Esteves JE (2011). Diagnostic palpation in osteopathic medicine: A putative neurocognitive model of expertise.**

Keynote Presentation at OSEAN Open Forum: Teaching Palpation 29th September 2011. Potsdam, Germany.



**Esteves J (2011). Diagnostic reasoning in osteopathy: types of knowledge and reasoning strategies.**

Presentation at Low back pain conference. BSO, London. May 2011.

**Esteves J, Spence, C (2010) Investigating how osteopaths use their senses in the diagnosis of somatic dysfunction.**

1as Jornadas Lusofonas Osteopatia e Saude. Portugal. 6th November 2010.

**Esteves J (2010). 'Looking inside the 'black box': investigating processes in osteopathic education and practice'.**

1as Jornadas Lusofonas Osteopatia e Saude, 6th November 2010, Lisbon, Portugal.

**Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting.**

Invited Presentation at Osteopathy 2008, Osteopathic Research Conference, General Osteopathic Council, 1st February 2008. London, UK.

**Esteves J (2003). Clinical reasoning and reflective practice in osteopathic practice.**

Keynote presentation GEDOP, Lisbon, Portugal.

**Esteves J (1998). Estabilidade da Bacia e Prevencao e Tratamento de Lesoes de Sobrecarga na Marcha Atletica (Pelvic Stability, An Osteopathic Approach to the Treatment and Prevention of Overuse Injuries in Race Walking).**

Dissemination of research findings from study conducted with the Portuguese Race Walking Team, between March and October 1998, Portuguese Athletic Federation, Lisbon, Portugal.

**Esteves J (1997). Cadeias Musculares e Prevencao de Lesoes de Sobrecarga (Muscles Chains, Prevention and treatment of overuse injuries).**

Keynote presentation. Portuguese Athletic Federation, Lisbon, Portugal.

**Esteves J (1996). O Ombro em Osteopatia (An Osteopathic Approach to Shoulder Dysfunctions), Conference Presentation.**

Associacao Colegial Portuguesa de Osteopatas, Universidade Moderna, Lisbon, Portugal.

**CONFERENCES - PUBLISHED ABSTRACTS**

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**Iacopini A, Cerritelli F, Esteves JE (2017). How do Italian osteopaths' treat and manage tension-type headaches: a qualitative study.**

Poster Presentation at 18th Congress of the International Headache Society Conference on Advances in Osteopathic Research, 7th-10th September 2017, Vancouver, Canada.

**Formica A, Thomson OT, Esteves JE (2017). Italian osteopaths' attitudes and beliefs towards the management of patients with chronic pain: a qualitative study.**

Platform Presentation at International Conference on Advances in Osteopathic Research, 21st-23rd April 2017, Milan, Italy.

**Macdonald RJD, Esteves JE, Ford MA (2017) The beliefs and attitudes of Osteopaths in the UK towards chronic pain and the management of chronic pain sufferers - a cross-sectional questionnaire based survey.**

Platform Presentation at Emirates Osteopathic Conference, 17-18th February 2017, Dubai, UAE.



**Esteves JE (2015). Chronic pain and emotional processing.**

Platform presentation at Symposium: Emotional processing; new developments in medicine, psychology and psychosomatic at British Psychological Society, Division of Clinical Psychology Annual Conference, 2nd-4th December 2015, London, UK.

**Esteves JE (2015). Chronic back pain and emotional processing.**

Platform presentation at The Society for Back Pain Research Annual Conference, 5th-6th November 2015, Bournemouth, UK.

**Abbey, H, Esteves JE, Nanke L (2015). Exploring the potential role of affective touch in grounding manual therapy interventions for patients with persistent pain.**

Platform Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.

**Cerritelli F, Esteves JE (2015). Could affective touch be therapeutic? A manual medicine perspective.**

Poster Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.

**Milan, M, Esteves JE (2015). The Relevance of Oxytocin in Manual Therapy: A Critical Narrative Review.**

Poster Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.

**Burato E, Esteves JE (2015). Touch in Osteopathy: an Exploration of its Role in the Clinical Setting.**

Platform Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.

**Esteves JE, Bennison M (2014). Script Concordance Test: A novel computer based tool to assess clinical reasoning in osteopathy.**

Workshop at OSEAN Open Forum: Innovation in Osteopathic Education, 31st May-1st June 2014. Barcelona, Spain.

**Esteves JE, Bennison M (2014). Script Concordance Test: A novel computer based tool to assess clinical reasoning in osteopathy.**

Symposium Presentation at OSEAN Open Forum: Innovation in Osteopathic Education, 31st May-1st June 2014. Barcelona, Spain.

**Esteves JE, Bennison M, Thomson OP (2014). Implementation and evaluation of the Script Concordance Test in osteopathy.**

Platform Presentation at Ottawa Conference and Canadian Conference on Medical Education, 25th-29th April 2014, Ottawa, Canada.

**Burato E, Esteves JE (2013). Touch in osteopathy: an exploration of its role in diagnosis and treatment.**

Platform Presentation at International Congress of Osteopathy: Structure & Function – Principles, Models and Evidence, 15th-17th November 2013, Milan, Italy.

**Abbey A, Esteves JE, Vogel S, Tyreman S (2013). Assessing criticality in student research: preliminary results from a new educational activity.**

Platform Presentation at International Osteopathic Education Conference 2013: Preparing Tomorrow's Osteopaths – Designing and Implementing and Osteopathic Curriculum, London, UK.

**Esteves JE, Mathias E, Ford M, Abbey A (2012). Emotional processing and chronic neck pain: results from a case-control study.**

Poster Presentation at International Conference on Advances in Osteopathic Research, British College of Osteopathic Medicine, 14th-16th September 2012 in London, UK.

**Esteves JE, Wheatley L, Mayall C, Abbey A (2012). Emotional processing, suppression and chronic low back pain: results from a case-control study.**

Poster Presentation at International Conference on Advances in Osteopathic Research, British College of Osteopathic Medicine, 14th-16th September 2012 in London, UK.

**Esteves J (2012). Diagnostic palpation in osteopathic medicine: A putative neurocognitive model of expertise.**

Platform Presentation at AMEE 2012. Association for Medical Education in Europe Conference 27th –29th August 2012. Lyon, France.

**Esteves J, Spence C (2011). Am I imagining things? Eyes closure during palpation improves diagnostic consistency in experienced osteopaths.**

Platform Presentation at ICOM 2011. 1st October 2011. Potsdam, Germany.

**Esteves J, Spence C (2011). The role of biomedical knowledge in osteopathic clinical decision making.**

Platform Presentation at AMEE 2011. Association for Medical Education in Europe Conference 29th – 31st August 2011. Vienna, Austria.

**Esteves J, Spence C (2010). Eyes closure during a clinical examination reduces diagnostic variability in experienced osteopaths.**

Poster Presentation at International Multisensory Research Forum, University of Liverpool, 16-19th June 2010. Liverpool, UK.

**Mayall C, Esteves J (2010). Emotional processing and its contribution to chronic lower back pain – a pilot study.**

Platform Presentation at International Conference on Advances in Osteopathic Research, Italian College of Osteopathic Medicine, 28th-30th May 2010 in Milan, Italy.

**Esteves J, Spence C (2010). Investigating the role of vision and touch in the diagnosis of somatic dysfunction.**

Platform Presentation at International Conference on Advances in Osteopathic Research, Italian College of Osteopathic Medicine, 28th-30th May 2010 in Milan, Italy.

**Esteves J, Spence C (2010). Am I imagining things?**

Eyes closure during a clinical examination improves diagnostic reliability in experienced osteopaths. Body Representation Workshop, Goldsmiths University of London, 30th March.

**Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting.**

Poster Presentation at Oxford Autumn School in Cognitive Neuroscience, University of Oxford, September. Oxford, UK

**Esteves J, Spence C and Geake, J (2008). Multisensory integration in an osteopathic clinical examination setting.**

Platform Presentation at International Conference on Advances in Osteopathic Research, Lake Erie College of Osteopathic Medicine, 5-7th September 2008. Florida, USA.

**Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting.**

Poster Presentation at International Multisensory Research Forum, University of Hamburg, 16-19th July 2008. Hamburg, Germany.

**Esteves J, Geake J, Spence C (2008). Investigating knowledge representation, causality and analogical reasoning in osteopathic medicine.**

Platform Presentation at AMEE 2008 Association for Medical Education in Europe Conference 30th August-3rd September 2008. Prague, Czech Republic.

**Esteves J, Spence C and Geake, J (2008). Knowledge representation, causality and analogical reasoning in osteopathic medicine.**

Platform Presentation at School of Health and Social Care, Oxford Brookes University, 6th June 2008. Oxford, UK.

**Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting.**

Platform Presentation at School of Health and Social Care, Oxford Brookes University, 6th June 2008. Oxford, UK.

**Esteves J, Geake J, Spence C (2008). Knowledge representation, causality and analogical reasoning in osteopathic medicine: results from a lexical decision-task.**

Platform Presentation at Osteopathy 2008, Osteopathic learning and practice – a global future, General Osteopathic Council, 3rd February 2008. London, UK.

**Esteves J, Spence C and Geake, J (2007). How do osteopaths use their senses in an osteopathic clinical examination?**

Poster Presentation at Body Representation Workshop, University of Trento, October 2007. Rovereto, Italy.

**Esteves J, Geake J, Spence C (2007). How do osteopaths use their senses in an osteopathic clinical examination?**

Poster Presentation at Oxford Autumn School in Cognitive Neuroscience, University of Oxford, September. Oxford, UK.

**Esteves J, Geake J, Spence C (2007). How do osteopaths use their senses in an osteopathic clinical examination?**

Poster Presentation at AMEE 2007 Association for Medical Education in Europe Conference 25-29th August 2007. Trondheim, Norway.

## CONFERENCE COMMITTEES

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### Scientific Committees

- Member of the organising committee/reviewer for the Osteopathic Research Conference, Osteopathy 2008, organised by the General Osteopathic Council on the 1st February 2008 and Osteopathic Learning and Practice – a global future, organised by the General Osteopathic Council and British School of Osteopathy on the 3rd February 2008.
- Chair for platform presentations at the Osteopathic Learning and Practice conference and the International Conference on Advances in Osteopathic Research, organised by the Lake Erie College of Osteopathic Medicine and British College of Osteopathic Medicine on the 5-7th September 2008 in Bradenton, Florida, USA.
- Keynote speaker at the College of Osteopaths (COET) research conference, November 2008.
- Chair for platform presentations at the International Conference on Advances in Osteopathic Research, organised by the Italian College of Osteopathic Medicine and British College of Osteopathic Medicine on the 28th-30th May 2010 in Milan, Italy.
- Member of the scientific committee for the International Conference of Osteopathic Medicine, 27th – 29th September 2013 in Pescara, Italy.
- Member of the organising committee of the 1st Emirates Osteopathic Conference, 17th-18th February 2017.
- Member of the scientific committee for the Spanish Register of Osteopaths International Conference, 1st-3rd June 2018.
- Member of the organising committee of the Osteopathic International Alliance/2nd Emirates Osteopathic Conference/Quantum Conference, 28th-29th September 2018.

## **RESEARCH FUNDING**

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**Research funding Oxford Brookes University 2-year teaching fellowship (£7,000)**

[ 2003 – 2006 ]

## **DOCTORAL RESEARCH SUPERVISION AND EXAMINATION**

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**University of Bedfordshire Director of Studies – Ms Cindy McIntyre ‘Reflective practice study of osteopathic professional practice: clinical reasoning and perceptual diagnostic judgements’, 2013-2016**

**Federal University of Rio de Janeiro, Brazil External Assessor – Mr Jacson Nesi ‘Professional profile of osteopaths in Brazil and the professionalisation process in Brazil’, Dec 2020**

## **NETWORKS AND MEMBERSHIPS**

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**Professional License Osteopathy - Council Profession Complementary to Medicine, Malta**

[ 29/09/2021 – Current ]

**Professional License Osteopathy (C-0032216)**

[ Portugal, 2020 – Current ]

**Professional License Osteopathy - General Osteopathic Council (3/4004/F)**

[ United Kingdom, 1998 – Current ]

## **Fellow of the UK Higher Education Academy**

[ 1999 – Current ]

## **Affiliated Member of the Brazilian Register of Osteopaths (RBrO 134)**

[ 2015 – Current ]

## **Honorary Member of the French Register of Osteopaths**

[ 2016 – Current ]

## **President Scientific Committee of Associação Independente de Osteopatia**

[ Portugal, 2017 – Current ]

## **MANAGEMENT AND LEADERSHIP SKILLS**

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**Team Leadership and Development**

**Strategic Planning**

**Research and Development**

**Quality Assurance and Oversight**

## **ORGANISATIONAL SKILLS**

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**Project Management**

**Problem Solving**

## **COMMUNICATION AND INTERPERSONAL SKILLS**

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**Public Speaking**

**Academic Writing**

## **DIGITAL SKILLS**

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### **My Digital Skills**

Microsoft Word / Microsoft Excel / Microsoft Powerpoint / Outlook / Microsoft Office / Social Media / Google Drive / Zoom / Instagram / Internet user / Google Docs / LinkedIn / Twitter / Presenting / Good listener and communicator / Written and Verbal skills / Organizational and planning skills / Decision-making / Team-work oriented / Analytical skills

## LANGUAGE SKILLS

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Mother tongue(s): **Portuguese**

Other language(s):

### English

**LISTENING C2 READING C2 WRITING C2**

**SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2**

### Italian

**LISTENING C1 READING B2 WRITING B1**

**SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1**

### Spanish

**LISTENING C1 READING C1 WRITING B1**

**SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2**

### French

**LISTENING B2 READING C1 WRITING B1**

**SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1**

## VOLUNTEERING

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### British Fencing

[ 2011 – 2014 ]

Responsibilities: Osteopath - provided support to the British team at the European Cadet and Junior Championships in 2012 in Porec, Croatia and in 2013 in Budapest, Hungary; and at the World Cadet and Junior Championships in 2012 in Moscow, Russia and in 2013 in Porec, Croatia.

### Portuguese Fencing Federation

[ 2011 – 2016 ]

Responsibilities: Osteopath - provided support to the Portuguese team at the European Cadet and Junior Championships in 2012 in Porec, Croatia, in 2013 in Budapest, Hungary, and in 2015 in Maribor, Slovenia; and at the World Cadet and Junior Championships in 2012 in Moscow, Russia and in 2013 in Porec, Croatia.

### Oxford Fencing Club

[ 2008 – 2015 ]

Responsibilities: Committee member, chairman

### European Cross-Country Championships , Lisbon, Portugal, December 1996

Responsibilities: Management of athletes and officials' accommodation and logistics.

### European Cup in Athletics, Lisbon, Portugal, June 1996

Responsibilities: Management of athletes and officials' accommodation and logistics.

### World Junior Championships in Athletics, Lisbon, Portugal, July 1994

Responsibilities: Management of athletes and officials' accommodation.